



MORAYFIELD STATE HIGH SCHOOL TUCKSHOP MENU

(Managed by the P&C Association) as at September 2016

Items marked * are NOT a Healthy Food Option

Parents and Students ... Please feel free to discuss with our Tuckshop Staff ANY Food Allergies, Special Requirements (gluten free/ vegetarian, etc) or concerns you have regarding our product items

OUR TUCKSHOP IS 'NUT AWARE' ~ NO SELLING OR USING OF NUTS

1st BREAK 10.10am - 10.35am
2nd BREAK 1.05pm - 1.40pm

~ PRICES -and- WEEKLY (DAILY)
MEALS ARE SUBJECT TO CHANGE ~

Tuckshop : 07 5428 5539



COLD

SANDWICHES/ ROLLS (White/Wholemeal)

Egg w/ lettuce,litemayo	\$3.00
Curried Egg w/ lettuce,litemayo	\$3.10
Salad w/ lettuce,tomato,b'root,cucumber,carrot	\$3.20
Ham or Chicken w/ above Salad	\$3.70
Chicken w/ lettuce/litemayo	\$3.70
Ham w/ litecheese,tomato	\$3.70
Toasted (Extra)	\$0.30
Rolls (Extra)	\$0.30

GOURMET WRAPS (Gluten-Free Wraps Available)

Salad w/ lettuce,tomato,cucumber,carrot,litemayo	\$4.00
Ham or Chicken w/ above Salad	\$4.50

SALAD BOWLS

Salad w/ lettuce,tomato,beetroot,litecheese,carrot cucumber,egg,mayo sachet)	\$5.00
Ham or Chicken w/ above Salad	\$5.50
Caesar Salad w/ lettuce,litecheese,bacon,egg, croutons,Caesar dressing sachet)	\$5.00
Chicken Caesar w/ above Salad	\$5.50

Fresh Fruit (Seasonal) BOWL \$3.00

ADD EXTRA FILLINGS

Egg/ Pineapple/ LiteCheese / Beetroot	\$0.50
---------------------------------------	--------

HOT

Meat Pies (Low Fat) Available Monday & Friday	\$4.00 *
Cottage Pies (Low Fat) Available Monday & Friday	\$4.50 *
Sausage Rolls (Low Fat) Available Monday & Friday	\$3.00 *

Chicken Nuggets (Bag x5)	\$3.00 *
Potato Wedges (Cup)	\$3.00 *
Home Made Pizza	\$3.50

ROLLS

Pork Riblet (lettuce,tomato,carrot,sauce)	\$4.70
Chicken & Gravy	\$4.70 *
Hot Dog w/ sauce (bbq/tomato)	\$3.50 *

BURGERS

Chicken (Patty w/ lettuce,tomato,carrot,litemayo)	\$4.70
Hamburger (Mince Patty w/ lettuce,tomato, b'troot,carrot,bbq/tomatosauce)	\$4.70
Bacon & Egg w/ lettuce,tomato,carrot,litebacon, egg,bbq sauce	\$4.70

FROZEN

(2nd Break Only)

Lifesavers	\$1.20
Icy Poles	\$1.20
Sorbets	\$2.60*

DRINK FRIDGE

Plain Water 600ml	\$1.50
FOCUS Water 350ml	\$2.50
Popper Juice	\$2.00
Flavoured Milk 300ml	\$2.50
Flavoured Milk 500ml	\$3.70
LOL	\$2.50 *
Greek Yoghurt	\$3.50

EXTRAS

Individual Sauce Sachets (Tomato/BBQ/ Caesar/Sweet&Sour/ MildThai Sweet Chili/ Mayonnaise	\$0.30
Small Container Lite Sour Cream	\$0.30
Variety Packets Chips	\$1.20 *
Iced Finger Bun	\$1.50 *



LOOK AT

- TUCKSHOP BLACKBOARD
- FLEXISCHOOLS ONLINE ORDERING

FOR VARIATIONS

x2 Options Available DAILY
MONDAY – FRIDAY

\$5.00